

SUN MON TUE WED THUR FRI SAT

Happy Birthday!
 Lenore Shuiderman 9/11
 Brooks Pumphrey 9/12

Join our Haven Spa Day!
 Thursday, September 21st at 10am

Couples Ballroom Dancing!
 Thursday, September 14th at 6:00pm

Rosh Hashanah
 Begins at Sundown 9/20

Join our Grandparent's Day Pet Parade!
 Show off your pets and join in the fun!
 Sunday, September 10 at 1:30pm

1
 10:00 Explore The Daily Chronicle
 10:30 Scenic Ride
 11:00 Sip & Chat
 11:15 Move & Groove Exercise w/ Gibril
 11:45 Lunch - Dining Room
 1:30 What's in a Word?
 2:00 Table Games w/ Gibril
 3:00 Afternoon Social
 3:30 Table Bowling w/ Gibril
 4:45 Dinner - Dining Room
 7:00 Evening Strolling Club
 7:30 Aromatherapy & Hand Massage

2
 10:00 Music & Movement w/ Gibril
 10:30 Explore The Daily Chronicle
 11:00 Sip & Chat
 11:15 Poetry Corner
 11:45 Lunch - Dining Room
 1:30 Ball Toss w/ Gibril
 2:00 Baking with Gibril
 3:00 Afternoon Social
 3:30 Arts and Crafts w/ Gibril
 4:00 Bingo Bonanza
 4:45 Dinner - Dining Room
 7:30 Evening Movie

3
 10:00 Daily Chronicle
 10:30 Sunday Stretch
 11:00 Sip & Chat
 11:45 Lunch - Dining Room
 1:30 Afternoon Stretch
 2:00 Inspiration & Song w/ Rev Few
 3:00 Waffle Sundae Social
 3:30 Garden Club
 4:45 Dinner - Dining Room
 6:30 Concert in the Park
 7:00 Evening Strolling Club
 7:30 Sunday Movie House Classic

4
 10:00 Explore the Daily Chronicle
 10:30 Music & Movement
 11:00 Sip & Chat
 11:15 Labor Day Trivia
 11:45 Lunch w/ District Music
 1:30 Sit & Stretch w/ Gibril
 2:00 Singing in the Garden
 3:00 Afternoon Social
 3:30 Short Stories w/ Gibril
 4:00 Name That Tune
 4:45 Dinner - Dining Room
 6:30 Monday Night Movie

5
 10:00 Explore The Daily Chronicle
 10:30 Tai Chi w/ Mat
 11:00 Sip & Chat
 11:45 Lunch - Dining Room
 1:30 Sensation Station: Kinetic Sand
 2:30 Finish The Phrase
 3:00 Afternoon Social
 3:30 Share A Story
 4:00 Sing-Along
 4:45 Dinner - Dining Room
 6:30 Evening Walking Club
 7:30 Hollywood Classic Movie Night

6
 10:00 Explore The Daily Chronicle
 10:30 Musical Memories w/ Brian Rudolph
 11:00 Sip & Chat
 11:45 Lunch - Dining Room
 1:30 Fight Procrastination Day!
 2:00 Sit & Stretch w/ Christina
 2:30 Catholic Service w/ Barbara
 3:00 Afternoon Social
 3:30 Getting Crafty w/ Christina
 4:45 Dinner - Dining Room
 6:30 Wednesday Night Sing-Along

7
 10:00 Explore the Daily Chronicle
 10:30 Jump Start Exercise
 11:00 Sip & Chat
 11:15 What's in a Word?
 11:45 Lunch - Dining Room
 1:30 Afternoon Trivia
 2:15 Zumba Gold w/ Latisha Johnson
 3:00 Afternoon Social
 3:30 Sing-Along
 4:45 Dinner - Dining Room
 6:30 Nail Care & Hand Massage
 7:30 Hollywood Classic Movie Night

8
 10:00 Explore the Daily Chronicle
 10:30 Scenic Ride
 11:00 Sip & Chat
 11:15 Move & Groove Exercise w/ Gibril
 11:45 Lunch - Dining Room
 1:30 Word Games with Gibril
 2:00 Fragrance Friday: What's that Smell?
 3:00 Afternoon Social
 3:30 Table Bowling w/ Gibril
 4:45 Dinner - Dining Room
 7:00 Evening Strolling Club
 7:30 Aromatherapy & Hand Massage

9
 10:00 Musical Melodies w/ Ernie Tolley
 11:00 Sip & Chat
 11:15 Movies & Movie Stars w/ Gibril
 11:45 Lunch - Dining Room
 1:30 Ball Toss w/ Gibril
 2:00 Baking with Gibril
 3:00 Afternoon Social
 3:30 Arts and Crafts w/ Gibril
 4:00 Bingo Bonanza
 4:45 Dinner - Dining Room
 7:30 Evening Movie

10
 10:00 Explore The Daily Chronicle
 10:30 Music & Movement
 11:00 Sip & Chat
 11:45 Lunch - Dining Room
 1:30 Afternoon Stretch
 1:30 Grandparent's Day Fall Festival
 2:00 Groves Pet Parade
 3:00 Waffle Sundae Social
 3:30 Groves Garden Ribbon Cutting Ceremony
 4:45 Dinner - Dining Room
 7:00 Evening Strolling Club
 7:30 Sunday Movie House Classic

11
 10:00 Explore the Daily Chronicle
 10:30 Scenic Ride
 11:00 Sip & Chat
 11:00 Meadowside Nature Center Outing
 11:15 Finish The Phrase
 11:45 Lunch - Dining Room
 1:30 Sit & Stretch w/ Gibril
 2:00 Musical Memories w/ Jesse Palidofsky
 3:00 Afternoon Social
 3:30 Short Stories w/ Gibril
 4:00 Name That Tune
 4:45 Dinner - Dining Room
 6:30 Monday Night Movie

12
 10:00 Daily Chronicle
 10:30 Musical Melodies w/ Darrin Carter
 11:00 Sip & Chat
 11:45 Lunch - Dining Room
 1:30 Tickle the Ivories Day: Name that Tune!
 2:30 Finish The Phrase
 3:00 Afternoon Social
 3:30 Share A Story
 4:00 Sing-Along
 4:45 Dinner - Dining Room
 6:30 Evening Walking Club
 7:30 Hollywood Classic Movie Night

13
 10:00 Baking w/ Christina
 10:30 Explore Daily Chronicle
 11:00 Sip & Chat
 11:15 Drama Club
 11:45 Lunch - Dining Room
 1:30 Catholic Mass
 1:30 Musical Trivia
 2:00 Sit & Stretch w/ Christina
 3:00 Afternoon Social
 3:30 Getting Crafty
 4:45 Dinner - Dining Room
 6:30 Wednesday Night Sing-Along

14
 10:00 Daily Chronicle
 10:30 Jump Start Exercise
 11:00 Sip & Chat
 11:15 Riddle Me This
 11:45 Lunch - Dining Room
 1:30 Afternoon Trivia
 2:15 Zumba Gold w/ Latisha Johnson
 3:00 Afternoon Social
 3:30 Sing-Along
 4:45 Dinner - Dining Room
 6:00 Couples Ballroom Dancing w/ Jessie Power & Alison Crosby
 6:30 Nail Care & Hand Massage
 7:30 Hollywood Classic Movie Night

15
 10:00 Explore the Daily Chronicle
 10:30 Scenic Ride
 11:00 Sip & Chat
 11:15 Move & Groove Exercise w/ Gibril
 11:45 Lunch - Dining Room
 1:30 What's in a Word?
 2:00 Table Games w/ Gibril
 3:00 Afternoon Social
 3:30 Table Bowling w/ Gibril
 4:45 Dinner - Dining Room
 7:00 Evening Strolling Club
 7:30 Aromatherapy & Hand Massage

16
 10:00 Music & Movement w/ Gibril
 10:30 Explore the Daily Chronicle
 11:00 Sip & Chat
 11:15 Movies & Movie Stars w/ Gibril
 11:45 Lunch - Dining Room
 1:30 Ball Toss w/ Gibril
 2:00 Baking with Gibril
 3:00 Afternoon Social
 3:30 Arts and Crafts w/ Gibril
 4:00 Bingo Bonanza
 4:45 Dinner - Dining Room
 7:30 Evening Movie

17
 10:00 Explore the Daily Chronicle
 10:30 Musical Melodies w/ Brian Rudolph
 11:00 Sip & Chat
 11:45 Lunch - Dining Room
 1:30 Afternoon Stretch
 2:00 Inspiration & Song w/ Rabbi Leigh
 3:00 Waffle Sundae Social
 3:30 Wonderful Watercolors w/ Yolanda Prinsloo
 4:45 Dinner - Dining Room
 7:00 Evening Strolling Club
 7:30 Sunday Movie House Classic

18
 10:00 Explore the Daily Chronicle
 10:30 Scenic Ride
 11:00 Sip & Chat
 11:15 Finish The Phrase
 11:45 Lunch - Dining Room
 1:30 Sit & Stretch w/ Gibril
 2:00 Musical Bingo
 3:00 Afternoon Social
 3:30 Short Stories w/ Gibril
 4:00 Name That Tune
 4:45 Dinner - Dining Room
 6:30 Monday Night Movie

19
 10:00 Explore the Daily Chronicle
 10:30 Tai Chi w/ Mat
 11:00 Sip & Chat
 11:45 Lunch - Dining Room
 1:30 Octoband Stretch
 2:30 Finish The Phrase
 3:00 Afternoon Social
 3:30 What's in a Word?
 4:00 Sing-Along
 4:45 Dinner - Dining Room
 6:30 Evening Walking Club
 7:30 Hollywood Classic Movie Night

20
 10:00 Baking w/ Christina
 10:30 Explore the Daily Chronicle
 11:00 Sip & Chat
 11:15 Drama Club
 11:45 Lunch - Dining Room
 1:30 Musical Trivia
 2:00 Sit & Stretch w/ Christina
 2:30 Catholic Service w/ Kathy & Mike
 3:00 Afternoon Social
 3:30 Getting Crafty
 4:45 Dinner - Dining Room
 6:30 Wednesday Night Sing-Along

21
 10:00 Haven Spa Day!
 10:30 Aromatherapy & Hand Massage
 11:00 Sip & Chat
 11:15 Manicures & Music
 11:45 Lunch - Dining Room
 1:30 Afternoon Trivia
 2:15 Zumba Gold w/ Latisha Johnson
 3:00 Afternoon Social
 3:30 Sing-Along
 4:45 Dinner - Dining Room
 6:30 Nail Care & Hand Massage
 7:30 Hollywood Classic Movie Night

22
 10:00 Explore the Daily Chronicle
 10:30 Scenic Ride
 11:00 Sip & Chat
 11:15 Move & Groove Exercise w/ Gibril
 11:45 Lunch - Dining Room
 1:30 What's in a Word?
 2:00 Table Games w/ Gibril
 3:00 Afternoon Social
 3:30 Table Bowling w/ Gibril
 4:45 Dinner - Dining Room
 7:00 Evening Strolling Club
 7:30 Aromatherapy & Hand Massage

23
 10:00 Music & Movement w/ Gibril
 10:30 Explore the Daily Chronicle
 11:00 Sip & Chat
 11:15 Movies & Movie Stars w/ Gibril
 11:45 Lunch - Dining Room
 1:30 Ball Toss w/ Gibril
 2:00 Baking with Gibril
 3:00 Afternoon Social
 3:30 Arts and Crafts w/ Gibril
 4:00 Bingo Bonanza
 4:45 Dinner - Dining Room
 7:30 Evening Movie

24
 10:00 Explore the Daily Chronicle
 10:30 Sunday Stretch
 11:00 Sip & Chat
 11:45 Lunch - Dining Room
 1:30 Afternoon Stretch
 2:00 Musical Melodies w/ Bertram McLeish
 3:00 Waffle Sundae Social
 3:30 Garden Club
 4:45 Dinner - Dining Room
 7:00 Evening Strolling Club
 7:30 Sunday Movie House Classic

25
 10:00 Crush Funk Music w/ John Campbell
 11:00 Sip & Chat
 11:15 Finish The Phrase
 11:45 Lunch - Dining Room
 12:00 Gourmet China Lunch Outing
 1:30 Sit & Stretch w/ Gibril
 2:00 Cooking up Something
 3:00 Afternoon Social
 3:30 Short Stories w/ Gibril
 4:00 Name That Tune
 4:45 Dinner - Dining Room
 6:30 Monday Night Movie

26
 10:00 Explore the Daily Chronicle
 10:30 Tai Chi w/ Mat
 11:00 Sip & Chat
 11:45 Lunch - Dining Room
 1:30 Octoband Stretch
 2:30 Finish The Phrase
 3:00 Afternoon Social
 3:30 Share A Story
 4:00 Sing-Along
 4:45 Dinner - Dining Room
 6:30 Evening Walking Club
 7:30 Hollywood Classic Movie Night

27
 10:00 Baking w/ Christina
 10:30 Explore the Daily Chronicle
 11:00 Sip & Chat
 11:15 Drama Club
 11:45 Lunch - Dining Room
 1:30 Musical Trivia
 2:00 Sit & Stretch w/ Christina
 2:30 Catholic Service w/ Barbara & Tom
 3:00 Afternoon Social
 3:30 Getting Crafty
 4:45 Dinner - Dining Room
 6:30 Wednesday Night Sing-Along

28
 10:00 Explore the Daily Chronicle
 10:30 Jump Start Exercise
 11:00 Sip & Chat
 11:15 Riddle Me This
 11:45 Lunch - Dining Room
 1:30 Afternoon Trivia
 2:15 Zumba Gold w/ Latisha Johnson
 3:00 Afternoon Social
 3:30 Sing-Along
 4:45 Dinner - Dining Room
 6:30 Nail Care & Hand Massage
 7:30 Hollywood Classic Movie Night

29
 10:00 Explore the Daily Chronicle
 10:30 Scenic Ride
 11:00 Sip & Chat
 11:15 Move & Groove Exercise w/ Gibril
 11:45 Lunch - Dining Room
 1:30 Word Games with Gibril
 2:00 Table & Social Activities w/ Gibril
 3:00 Afternoon Social
 3:30 Table Bowling w/ Gibril
 4:45 Dinner - Dining Room
 7:00 Evening Strolling Club
 7:30 Aromatherapy & Hand Massage

30
 10:00 Music & Movement w/ Gibril
 10:30 Explore the Daily Chronicle
 11:00 Sip & Chat
 11:15 Movies & Movie Stars w/ Gibril
 11:45 Lunch - Dining Room
 1:30 Ball Toss w/ Gibril
 2:00 Baking with Gibril
 3:00 Afternoon Social
 3:30 Arts and Crafts w/ Gibril
 4:00 Bingo Bonanza
 4:45 Dinner - Dining Room
 7:30 Evening Movie

September 2017

Haven Memory Care
 Kensington Park Senior Living 3616 Littledale Road, Kensington, MD 20895