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**Happy Birthday**  
**Barbara Rudzki 9/3**

**Sunday, September 10**  
**1:30-3:00pm**  
**Grandparents' DAY & Fall Festival**

**Ribbon Cutting Ceremony**  
**Groves Garden**  
**3:30pm**

**Sunday, September 10**

**Thursday, September 14,**  
**6:00pm**  
**Couples Ballroom Dancing**  
**w/ Jessie Power & Alison Crosby**

**"HAIRSPRAY"**  
**Friday, September 22, 7:30pm**

**1**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika  
10:30 Stretch & Flex w/ Chenika  
11:00 Travelogue w/ Chenika  
1:15 Connections Walking Club w/ Chenika  
1:30 Afternoon Exercises w/ Chenika  
2:00 Craft Corner w/ Chenika  
3:00 Fabulous Friday Social - Root Beer Float  
3:30 Connections Happy Hour - Twisted Trivia  
6:00 After Dinner Musical Delights w/ District Music  
6:30 Shabbat Service (Woodlands)  
7:00 Manicures & Hand Massage

**2**

9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Patricia & Barbara  
10:30 Stretch & Flex w/ Patricia & Barbara  
11:00 Spiritual Forum w/ Patricia & Barbara  
1:15 Connections Walking Club w/ Barbara  
1:30 Relax and Unwind w/ Patricia & Barbara  
2:00 Table Games w/ Patricia & Barbara  
3:00 Fruit & Cheese Social  
3:30 Scenic Drive Outing  
3:30 Connections Happy Hour - Word Mash Up  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
6:30 Sing It Loud  
7:00 Manicures & Hand Massage

**3**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Allen  
10:30 Stretch & Flex w/ Chenika & Allen  
11:00 Conversation Piece w/ Chenika  
1:15 Connections Walking Club w/ Chenika  
2:00 Weekly Inspirations w/ Rabbi Leigh  
2:00 Creative Expressions w/ Chenika  
3:00 Explore Your Neighborhood: Scenic Drive  
3:30 Connections Happy Hour - Name That Tune  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
6:30 Octaband Cool Down  
7:00 Manicures & Hand Massage

**4**

**Labor Day**  
9:45 Connections Walking Club w/ Patricia  
10:00 The Town Of Kensington Labor Day Parade  
10:00 Daily Chronicles & Headlines w/ Christina & Patricia  
10:30 Stretch & Flex w/ Christina & Patricia  
11:00 What's My Job - Labor Day Q&A w/ Patricia  
12:00 Labor Day Lunch w/ District Music  
1:15 Connections Walking Club w/ Christina  
1:30 Ball Toss w/ Christina  
2:00 Gardening Club w/ Christina  
2:30 Just Bead It w/ Cindy Patarini  
3:00 Explore Your Neighborhood: Scenic Drive  
3:30 Connections Happy Hour - Bingo Blitz  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
7:00 Manicures & Hand Massage

**5**

9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Christina & Patricia  
10:30 Stretch & Flex w/ Christina & Patricia  
11:00 Category Name Game w/ Christina & Patricia  
1:15 Connections Walking Club w/ Christina  
1:30 Baking Bunch w/ Christina  
2:00 Drama Club w/ Patricia  
3:00 Fresh Social  
3:30 Connections Happy Hour - What's In A Word  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
6:30 Movie Night  
7:00 Manicures & Hand Massage

**6**

9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Christina & Patricia  
10:30 Stretch & Flex w/ Christina & Patricia  
11:00 Discover Your Inner Poet w/ Christina  
11:00 Sorting It Out w/ Patricia  
1:15 Connections Walking Club w/ Christina  
1:30 Corn Hole Toss w/ Patricia  
2:30 Catholic Service w/ Barbara  
3:00 Italian Social  
3:30 Aromatherapy and Nail Care  
3:30 Connections Happy Hour - Sing-A-Long  
6:00 Evening Walking Club w/ Barbara  
6:30 Jazz In The Garden w/ Barbara  
7:00 Manicures & Hand Massage

**7**

9:45 Connections Walking Club w/ Christina  
10:00 Daily Chronicles & Headlines w/ Christina  
10:30 Stretch & Flex w/ Christina  
11:00 Sensational Senses w/ Christina  
1:15 Connections Walking Club w/ Christina  
1:30 Zumba Gold Dancing w/ Latisha Johnson  
2:15 Book Club w/ Chenika  
3:00 Healthy Social  
3:30 Connections Happy Hour - Test Your TV Game Show IQ  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club w/ Barbara  
6:30 Art Under The Sunset w/ Barbara  
7:00 Manicures & Hand Massage

**8**

9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Patricia & Christina  
10:30 Stretch & Flex w/ Patricia & Christina  
11:00 Travelogue w/ Patricia  
1:15 Connections Walking Club w/ Christina  
1:30 Afternoon Exercises w/ Patricia  
2:00 Craft Corner w/ Christina  
3:00 Fabulous Friday Social - Root Beer Float  
3:30 Connections Happy Hour - Twisted Trivia  
3:30 Aromatherapy and Nail Care  
6:00 After Dinner Musical Delights w/ District Music  
6:30 Shabbat Service (Woodlands)  
7:00 Manicures & Hand Massage

**9**

9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Patricia & Barbara  
10:30 Stretch & Flex w/ Patricia & Barbara  
11:00 Singing Through The Ages w/ Ernie Tolley  
1:15 Connections Walking Club w/ Barbara  
1:30 Relax & Unwind w/ Patricia & Barbara  
2:00 Table Games w/ Patricia & Barbara  
3:00 Fruit & Cheese Social  
3:30 Scenic Drive Outing  
3:30 Connections Happy Hour - Word Mash Up  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
6:30 Sing It Loud  
7:00 Manicures & Hand Massage

**10**

**National Grandparents Day**  
9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Allen  
10:30 Stretch & Flex w/ Chenika & Allen  
11:00 Conversation Piece w/ Chenika  
1:15 Connections Walking Club w/ Chenika  
1:30 Grandparent's Day Fall Festival  
2:00 Weekly Inspirations w/ Rabbi Leigh  
3:00 Explore Your Neighborhood: Scenic Drive  
3:30 Connections Happy Hour - Name That Tune  
3:30 Aromatherapy and Nail Care  
3:30 Groves Garden Ribbon Cutting Ceremony  
6:00 Evening Walking Club  
6:30 Octaband Cool Down  
7:00 Manicures & Hand Massage

**11**

**Patriot Day**  
9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Christina  
10:30 Stretch & Flex w/ Chenika & Christina  
11:00 Meadowside Nature Center Outing  
11:00 Table Bowling w/ Christina & Chenika  
1:15 Connections Walking Club w/ Christina  
1:30 Ball Toss w/ Christina  
2:00 Gardening Club w/ Chenika  
3:00 Explore Your Neighborhood: Scenic Drive  
3:30 Connections Happy Hour w/ Jesse Palidofsky  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club w/ Barbara  
6:30 Short Stories w/ Barbara  
7:00 Manicures & Hand Massage

**12**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika  
10:30 Stretch & Flex w/ Chenika  
10:30 Table Bowling - Connections & K-Club Woodlands 3rd Floor (Woodlands 3rd Floor Activity Room)  
11:00 Category Name Game w/ Chenika  
1:15 Connections Walking Club w/ Chenika  
1:30 Baking Bunch w/ Chenika  
2:00 Drama Club w/ Chenika  
3:00 Fresh Social  
3:30 Connections Happy Hour - What's In A Word  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club w/ Barbara  
6:30 Movie Night w/ Barbara  
7:00 Manicures & Hand Massage

**13**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Rachelle  
10:30 Stretch & Flex w/ Chenika & Rachelle  
11:00 Discover Your Inner Poet w/ Chenika  
11:00 Sorting It Out w/ Rachelle  
1:15 Connections Walking Club w/ Chenika  
1:30 Catholic Mass  
1:30 Corn Hole Toss w/ Rachelle  
2:30 What's That Sound w/ Rachelle  
3:00 Italian Social  
3:30 Aromatherapy and Nail Care  
3:30 Connections Happy Hour - Sing-A-Long  
6:00 Evening Walking Club w/ Barbara  
6:30 Jazz In The Garden w/ Barbara  
7:00 Manicures & Hand Massage

**14**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Patricia & Chenika  
10:30 Stretch & Flex w/ Chenika  
11:00 Sensational Senses w/ Chenika  
1:15 Connections Walking Club w/ Chenika  
1:30 Zumba Gold Dancing w/ Latisha Johnson  
2:15 Book Club w/ Chenika  
3:00 Healthy Social  
3:30 Connections Happy Hour - Test Your TV Game Show IQ  
3:30 Aromatherapy and Nail Care  
6:00 Couples Ballroom Dancing w/ Jessie Power & Alison Crosby  
6:00 Evening Walking Club w/ Barbara  
6:30 Art Under The Sunset w/ Barbara  
7:00 Manicures & Hand Massage

**15**

9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Patricia & Chenika  
10:30 Stretch & Flex w/ Patricia & Chenika  
11:00 Travelogue w/ Patricia  
1:15 Connections Walking Club w/ Chenika  
1:30 Afternoon Exercises w/ Patricia  
2:00 Craft Corner w/ Chenika  
3:00 Fabulous Friday Social - Root Beer Float  
3:30 Connections Happy Hour - Twisted Trivia  
3:30 Aromatherapy and Nail Care  
6:00 After Dinner Musical Delights w/ District Music  
6:30 Shabbat Service (Woodlands)  
7:00 Manicures & Hand Massage

**16**

9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Patricia & Barbara  
10:30 Stretch & Flex w/ Patricia & Barbara  
11:00 Spiritual Forum w/ Patricia & Barbara  
1:15 Connections Walking Club w/ Barbara  
1:30 Relax and Unwind w/ Patricia & Barbara  
2:00 Table Games w/ Patricia & Barbara  
3:00 Fruit & Cheese Social  
3:30 Scenic Drive Outing  
3:30 Connections Happy Hour - Word Mash Up  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
6:30 Sing It Loud  
7:00 Manicures & Hand Massage

**17**

**Constitution Day and Citizenship Day**  
9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Allen  
10:30 Stretch & Flex w/ Chenika & Allen  
11:00 Conversation Piece w/ Chenika  
1:15 Connections Walking Club w/ Chenika  
2:00 Weekly Inspirations w/ Rabbi Leigh  
2:00 Wonderful Watercolors w/ Yolanda Prinsloo  
3:00 Explore Your Neighborhood: Scenic Drive  
3:30 Connections Happy Hour - Name That Tune  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
6:30 Octaband Cool Down  
7:00 Manicures & Hand Massage

**18**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Christina  
10:30 Stretch & Flex w/ Chenika & Christina  
11:00 Table Bowling w/ Chenika & Christina  
1:15 Connections Walking Club w/ Christina  
1:30 Ball Toss w/ Christina  
2:00 Gardening Club w/ Chenika  
3:00 Explore Your Neighborhood: Scenic Drive  
3:30 Connections Happy Hour - Bingo Blitz  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club w/ Barbara  
6:30 Short Stories w/ Barbara  
7:00 Manicures & Hand Massage

**19**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Rachelle  
10:30 Stretch & Flex w/ Chenika & Rachelle  
11:00 Category Name Game w/ Chenika & Rachelle  
1:15 Connections Walking Club w/ Chenika  
1:30 Baking Bunch w/ Chenika  
2:00 Drama Club w/ Rachelle  
3:00 Fresh Social  
3:30 Connections Happy Hour w/ Will Williams  
6:00 Evening Walking Club w/ Barbara  
6:30 Movie Night w/ Barbara  
7:00 Manicures & Hand Massage

**20**

**Rosh Hashana Begins at Sundown**  
9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Rachelle  
10:30 Stretch & Flex w/ Chenika & Rachelle  
11:00 Discover Your Inner Poet w/ Chenika  
11:00 Sorting It Out w/ Rachelle  
1:15 Connections Walking Club w/ Chenika  
1:30 Musical Melodies w/ Rachelle  
2:30 Catholic Service w/ Kathy & Mike  
3:00 Italian Social  
3:30 Connections Happy Hour w/ Ordinary People  
6:00 Evening Walking Club w/ Barbara  
6:30 Jazz In The Garden w/ Barbara  
7:00 Manicures & Hand Massage

**21**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Patricia & Chenika  
10:30 Stretch & Flex w/ Chenika  
11:00 Sensational Senses w/ Chenika  
1:15 Connections Walking Club w/ Chenika  
1:30 Zumba Gold Dancing w/ Latisha Johnson  
2:15 Book Club w/ Chenika  
3:00 Healthy Social  
3:30 Connections Happy Hour - Test Your TV Game Show IQ  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club w/ Barbara  
6:30 Art Under The Sunset w/ Barbara  
7:00 Manicures & Hand Massage

**22**

**Rosh Hashana Ends at Sundown**  
9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Patricia & Chenika  
10:30 Stretch & Flex w/ Patricia & Chenika  
11:00 Travelogue w/ Patricia  
1:15 Connections Walking Club w/ Chenika  
1:30 Afternoon Exercises w/ Patricia  
2:00 Craft Corner w/ Chenika  
3:00 Fabulous Friday Social - Root Beer Float  
3:30 Connections Happy Hour - Twisted Trivia  
3:30 Aromatherapy and Nail Care  
6:00 After Dinner Musical Delights w/ District Music  
6:30 Shabbat Service (Woodlands)  
7:00 Manicures & Hand Massage  
7:30 Movie In The Park - "Hairspray"

**23**

9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Patricia & Barbara  
10:30 Stretch & Flex w/ Patricia & Barbara  
11:00 Spiritual Forum w/ Patricia & Barbara  
1:15 Connections Walking Club w/ Barbara  
1:30 Relax and Unwind w/ Patricia & Barbara  
2:00 Table Games w/ Patricia & Barbara  
3:00 Fruit & Cheese Social  
3:30 Scenic Drive Outing  
3:30 Connections Happy Hour - Word Mash Up  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
6:30 Sing It Loud  
7:00 Manicures & Hand Massage

**24**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Allen  
10:30 Stretch & Flex w/ Chenika & Allen  
11:00 Conversation Piece w/ Chenika  
1:15 Connections Walking Club w/ Chenika  
2:00 Weekly Inspirations w/ Rabbi Leigh  
2:00 Creative Expressions w/ Chenika  
3:00 Explore Your Neighborhood: Scenic Drive  
3:30 Connections Happy Hour - Name That Tune  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
6:30 Octaband Cool Down  
7:00 Manicures & Hand Massage

**25**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Christina  
10:30 Stretch & Flex w/ Chenika & Christina  
11:00 Morning Melodies w/ John Campbell  
12:00 Gourmet China Lunch Outing  
1:15 Connections Walking Club w/ Christina  
1:30 Ball Toss w/ Christina  
2:00 Gardening Club w/ Chenika  
3:00 Explore Your Neighborhood: Scenic Drive  
3:30 Connections Happy Hour - Bingo Blitz  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club w/ Barbara  
6:30 Short Stories w/ Barbara  
7:00 Manicures & Hand Massage

**26**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Rachelle  
10:30 Stretch & Flex w/ Chenika & Rachelle  
11:00 Category Name Game w/ Chenika & Rachelle  
1:15 Connections Walking Club w/ Chenika  
1:30 Baking Bunch w/ Chenika  
2:00 Drama Club w/ Rachelle  
3:00 Fresh Social  
3:30 Connections Happy Hour - What's In A Word  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club w/ Barbara  
6:30 Movie Night w/ Barbara  
7:00 Manicures & Hand Massage

**27**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Chenika & Rachelle  
10:30 Stretch & Flex w/ Chenika & Rachelle  
11:00 Discover Your Inner Poet w/ Chenika  
11:00 Sorting It Out w/ Rachelle  
1:15 Connections Walking Club w/ Chenika  
1:30 Musical Melodies w/ Rachelle  
2:30 Catholic Service w/ Barbara & Tom  
3:00 Italian Social  
3:30 Aromatherapy and Nail Care  
3:30 Connections Happy Hour - Sing-A-Long  
6:00 Evening Walking Club w/ Barbara  
6:30 Jazz In The Garden w/ Barbara  
7:00 Manicures & Hand Massage

**28**

9:45 Connections Walking Club w/ Chenika  
10:00 Daily Chronicles & Headlines w/ Patricia & Chenika  
10:30 Stretch & Flex w/ Chenika  
11:00 Sensational Senses w/ Chenika  
1:15 Connections Walking Club w/ Chenika  
1:30 Zumba Gold Dancing w/ Latisha Johnson  
2:15 Book Club w/ Chenika  
3:00 Healthy Social  
3:30 Connections Happy Hour - Test Your TV Game Show IQ  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club w/ Barbara  
6:30 Art Under The Sunset w/ Barbara  
7:00 Manicures & Hand Massage

**29**

**Yom Kippur Begins at Sundown**  
9:30 Connections Walking Club w/ Maria  
9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Patricia & Rachelle  
10:30 Stretch & Flex w/ Patricia & Rachelle  
11:00 Travelogue w/ Patricia  
1:15 Connections Walking Club w/ Rachelle  
1:30 Afternoon Exercises w/ Patricia  
2:00 Craft Corner w/ Rachelle  
3:00 Fabulous Friday Social - Root Beer Float  
3:30 Connections Happy Hour - Twisted Trivia  
3:30 Aromatherapy and Nail Care  
6:00 After Dinner Musical Delights w/ District Music  
6:30 Shabbat Service (Woodlands)  
7:00 Manicures & Hand Massage

**30**

**Yom Kippur Ends at Sundown**  
9:45 Connections Walking Club w/ Patricia  
10:00 Daily Chronicles & Headlines w/ Patricia & Barbara  
10:30 Stretch & Flex w/ Patricia & Barbara  
11:00 Spiritual Forum w/ Patricia & Barbara  
1:15 Connections Walking Club w/ Barbara  
1:30 Relax & Unwind w/ Patricia & Barbara  
2:00 Table Games w/ Patricia & Barbara  
3:00 Fruit & Cheese Social  
3:30 Scenic Drive Outing  
3:30 Connections Happy Hour - Word Mash Up  
3:30 Aromatherapy and Nail Care  
6:00 Evening Walking Club  
6:30 Sing It Loud  
7:00 Manicures & Hand Massage

# September 2017

Connections Memory Care

Kensington Park Senior Living 3616 Littledale Road, Kensington, MD 20895

